

PediaSmart®

Nutritional Comparison to other Brands



Comparison to PediaSure® Dairy-Based

Nutrients	Units	PediaSmart® Dairy*	PediaSure® Enteral 1.0
		8 fl oz	8 fl oz
Energy	cal	240	240
Protein	g	7.4	7
Fat (Lipids)	g	9.4	9
Carbohydrate	g	31.4	33
Fiber	g	0	<1
L-Carnitine	mg	4	4
Vitamins			
Vitamin A	mcg	37	140
Vitamin D	mcg	3	6
Vitamin E	mg	4.02	3.0
Vitamin K	mcg	16	18
Vitamin C	mg	24	23
Folate	mcg DFE	53.3	60
Folic Acid	mcg	32	36
Thiamin	mg	0.6	0.3
Riboflavin	mg	0.5	0.33
Vitamin B6	mg	0.6	0.34
Vitamin B12	mcg	1.5	0.48
Niacin	mg	1.3	3.2
Choline	mg	83	80
Biotin	mcg	45	8
Pantothenic Acid	mg	2.5	1.3
Inositol	mg	20	20
Minerals			
Sodium	mg	93.6	90
Potassium	mg	317	470
Chloride	mg	270	230
Calcium	mg	324.5	330
Phosphorus	mg	216	250
Magnesium	mg	25	40
Iodine	mcg	23	23
Manganese	mg	0.3	0.46
Copper	mg	0.20	0.14
Zinc	mg	0.7	1.7
Iron	mg	3.3	2.7
Chromium	mcg	7.2	9
Molybdenum	mcg	7.5	9
Selenium	mcg	7.0	8.0

Comparison to PediaSure Harvest™ Kate Farms® Standard and Bright Beginnings® Soy

Nutrients	Units	PediaSmart® Plant Based Pea Protein*	PediaSure Harvest™	Kate Farms® Pediatric Standard 1.2	Bright Beginnings® Soy
		8 fl oz	8 fl oz	8.45 fl oz	8 fl oz
Energy	cal	240	240	300	240
Protein	g	7.4	9	12	7
Fat (Lipids)	g	9.4	9	12	12
Carbohydrate	g	31.4	31	36	27
Fiber	g	0.3	2	3	3
L-Carnitine	mg	4	4	35	NS
Vitamins					
Vitamin A	mcg	72	200	138	180
Vitamin D	mcg	3.6	6	7.5	6
Vitamin E	mg	3.7	3	1.4	3
Vitamin K	mcg	16	30	16	24
Vitamin C	mg	24	24	15	36
Folate	mcg DFE	53.3	70	107	80
Folic Acid	mcg	32	42	NS	48
Thiamin	mg	0.6	0.3	0.6	0.5
Riboflavin	mg	0.5	0.3	0.5	0.4
Vitamin B6	mg	0.6	0.3	0.6	0.5
Vitamin B12	mcg	1.5	0.3	1.5	1
Niacin	mg	1.5	3.2	2.5	3.0
Choline	mg	83	80	85	80
Biotin	mcg	45	5	6	12
Pantothenic Acid	mg	2.5	1.3	2.5	2
Inositol	mg	8	20	NS	NS
Minerals					
Sodium	mg	240	135	160	120
Potassium	mg	480	620	400	430
Chloride	mg	360	250	225	200
Calcium	mg	180	330	300	330
Phosphorus	mg	120	250	225	250
Magnesium	mg	16.8	40	50	40
Iodine	mcg	23	23	26	23
Manganese	mg	0.29	0.5	0.5	0.80
Copper	mg	0.10	0.14	0.20	0.10
Zinc	mg	0.84	1.8	2.0	2.8
Iron	mg	3.3	2.7	3.5	3.3
Chromium	mcg	7.3	7	9.5	10.0
Molybdenum	mcg	15.5	30	7.5	10
Selenium	mcg	7	7	10	7.5

*All nutrition information presented is for informational purposes only and is based upon typical analysis using standard testing procedures at 3rd party independent labs. Actual values may vary by each production based upon inherent variations in the ingredients.

PediaSmart® is the Smart Organic Choice™ for children behind the growth curve, breakfast skippers and food sensitive kids. Even picky eaters love its great taste! PediaSmart® is nutritionally comparable to leading brands and is the ONLY organic complete nutrition beverage mix on the U.S. market. This supplemental beverage meets or exceeds 100% of the Dietary Reference Intakes (DRI) for protein, fat and carbohydrate. PediaSmart® may be used as a complete source of nutrition under the direction of a healthcare professional.†

PediaSmart® is a good option for children with food sensitivities as it is gluten free, suitable for kids with a lactose intolerance and made without corn syrup.

†May be used in a feeding tube under special instruction and supervision of a healthcare professional.

PediaSmart® Dairy is not for children with the genetic disorder galactosemia.

PediaSmart is a registered trademark of Nature's One.

PediaSure® is a registered trademark of Abbott Laboratories.

PediaSure Harvest is a tradename of Abbott Laboratories.

Kate Farms® is a registered trademark of Kate Farms.

Bright Beginnings® is a registered trademark of PBM Products LLC.

NS: Not Stated